

TRESTLEBOARD

Scottsdale Lodge 43 F&AM



Volume 723 Issue 8

October 2022

Welcome Back to the Fall Activities at the Lodge

FROM THE EAST

"The hand of the diligent will rule, while the slothful will be put to forced labor". – Proverbs 12:24

As Freemasons, we learn through degrees the importance of self-improvement. We draw

parallels from the instruments used by operative Masons to *what* we should be working on to better ourselves. This article will discuss the importance of Goal Setting and offer an easy-to-execute examples of goal setting techniques. Goal setting is so imperative Andrew Carnegie once said "*If you want to be happy, set a goal that commands your thoughts, liberates your energy and inspires your hopes.*"

Goals: "*The great danger for most of us lies not in setting our aim too high and falling short; but in setting our aim too low, and achieving our mark.*" – Michelangelo

Write down daily, weekly, monthly, quarterly, yearly, 5-year, 10-year, and lifelong goals. All goals should be S.M.A.R.T (specific, measurable, achievable, relevant, and time-bound.

Specific: Goal should be clear and specific. When drafting goals, try to answer the five "W" questions: **What** do I want to accomplish? **Why** is this goal important? **Who** is involved? **Where** is it located? **Which** resources or limits are involved?

Measurable: What gets measured gets done. It's important to have measurable goals, to track progress and stay motivated. A measurable goal should address questions such as: How much?

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FROM THE WEST

Last month I introduced next year's theme of Masonic Excellence. As I look forward to hearing some of your responses, I would like to come back to the topic of "What is a Mason"

Everytime I listen to a Masonic Podcast or read articles from other Brothers around the globe- I often notice how most Men talk about their lives BEFORE Freemasonry. It always intrigued me as to why that could be. I then started to think about my life before Masonry of which was only a short five years ago. As a kid growing up I used to struggle with larger group settings, and speaking comfortably around them. It was something that always seemed to affect my confidence. I used to play Semi Professional Hockey. As a kid, that was what my whole life revolved around. I traveled across the country from ages 8-18 years old playing in tournaments. Some of you may think, "Hockey in Arizona??!" That was something that I heard from other kids while growing up. My team and I soon showed to a lot of those teams that Hockey is for anyone. Once I turned 18, I moved to Minnesota in my Senior of High School to go play semi-professional hockey. It was the biggest decision I made up to that point of my life. Things were going well until I suffered an injury. The injury wasn't crippling, but it made me decide how I wanted to continue my life. I decided that I should go to school and get serious about my future. From there, I sought many career changes, but I could never make a decision. Six years later I discovered Freemasonry. I knew that my late Grandfather was a Mason, but I never really gave it much thought. Once I became a Mason, I noticed a big shift in my outlook on life. Freemasonry made me challenge

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From the East continued from page 1

How many? How will I know when it is accomplished?

Achievable: Goals needs to be realistic and attainable. Goal should also stretch your abilities, but still remain achievable. An achievable goal should answer questions such as: How can I accomplish this goal? How realistic is the goal, based on other constraints, such as financial factors?

Relevant: Goals are deeply personal. A relevant goal should answer "yes" to these questions: Does this seem worthwhile? Is this the right time? Does this match our other efforts/needs? Am I the right person to reach this goal? Is it applicable in the current socio-economic environment?

Time-bound: Every task will take as long as its deadline. Goals need a target date to have a deadline to focus on and something to work toward. Time-bound goals help prevent everyday tasks from taking priority over longer-term goals. A time-bound goal will usually answer these questions: When? What can I do six months from now? What can I do six weeks from now? What can I do today?

Routines / Habits: *"We are what we repeatedly do. Excellence then is not an act, but a habit."* – Aristotle

On average, it takes more than two months before a new behavior becomes automatic — 66 days to be exact. Quit smoking? Eat healthier? Exercise more? Save money? Be more present with family? Start with one small change. One improvement to your life. One act to becoming a better you.

Is 66 days worth it to change your life?

Fraternally,

Tim Scarpino
Worshipful Master



Continued from page 1

myself, and always strive to always do better.

Soon after, I noticed a big change in my self confidence. I then became comfortable with giving presentations, and soon became the head of training for Supply Chain. Becoming a Mason changed my life for the better, and it still remains the best decision I made for myself. I encourage all Brothers, and all Men in our Friend to Friend Group to come find me, and let me know some of their own personal goals they have for the year 2023.

Fraternally,

Shawn Hunter, Senior Warden, KT

F&AM Scottsdale Lodge 43

P: 480-486-9419



From the South

Transmutation and Death

October, month 10 in our current calendar, but a remnant of a very different time, when our calendar was based on a much older - Lunar calendar which renders the year more approximately into 10 months instead of 12; wherein this month held the position of the 8th month - as per the "oct" of it's name.



The number eight finds itself in our ritual in a few very distinct and meaningful moments. Further, in consideration of Nature and her reflections for us, we find that she has associated this Octo-month with transition. This transition is a potent one, as it precipitates and facilitates the decline of the caustic, scorching months of Summer and extended light of day, into the Night Season or Dark Days of Winter. Which provides us with the spectacle that very much illustrates the Death of our Sun and ultimately it's rebirth each Spring. In a very distinct moment in one portion of our ritual, we find the number 8 associated with a man, and what scripture teaches us about his nature, as a worker in metals. Which also easily draws attention to the medieval alchemists of the middle ages. Their work was solely rooted in the concept of changing (or transmuting) one thing (ideally something of a more rude nature) into another thing, one of more luster and value.

The Great Work and practices of the alchemists were,

however, two fold - having both a physical or external transmutive result (upon the molecules with which they worked) here in the material world - but furthermore, was also reflective of an involutory change within the man: a change of state within the Alchemist himself. In other words, as he transmuted the elements in his laboratory metallurgy, he has also premeditated what crude parts of himself he is working to change or transmute within himself in that unseen world. Or rather, what rough and superfluous parts of his ashier was he intent on smoothing... So, what is transmutation? Regardless of whether we refer to the internal or the external - transmutation is the disassemblage of something stale and aged and the construction of a new arrangement of a thing from the reclaimed materials... and in the very act of living, we are never without intimate participation in it.

In Alchemy, the number 8 with an over-score (line above it) was the symbol used to indicate - *to digest*. Well, what exactly is that process of digestion, if not the disassemblage of sustenance, which has reached ripeness or been prepared with heat to produce ripeness, placed into the alembic of the body to be deconstructed and distilled into molecules that the body can then apply to one's activities? Eating is transmutation, what we do with those nutrients is transmutation, the building of an edifice is transmutation, the leading of troops and ranks and directing them for cooperation of a system or organization is transmutation; these bodies, with which we have been so graciously endowed, and our will to act with them - are literally vehicles of change!

Now...might one take apart a domestic air conditioner unit and from the materials and hardware which are thereby rendered, thence construct a motorcycle? Likely not. We would have very little rubber from the belts in the unit, from which to form tires; nor the necessary cast iron to mold an engine block. Much the same, Love may, and often is, transmuted to produce hatred; however, hard or soft are never rearranged to produce hot or cold. This is also true of men. We cannot expect one man, despite all his fervency and labor for change within himself, to ever be transmutable into another man. We frequently set examples for one another, yes. And we also frequently adopt or strengthen virtues that we see one another portray. Thus, often in word and deed, we as Mason's do particularly strive to reflect the goodness we see in each other, but one of the deepest principles we celebrate and cherish in our Craft is the beauty and requisite nature of each and every unique one of us. However, through and by those efforts, this is another facet of our inextricable nature as vehicles of change - we are constantly and forever transmuting ourselves. Or rather, by deciding to embrace a virtue or

moral quality depicted by another brother, as we lay down to sleep that night, we literally lay down that old life.

This theme of laying down of a life and the rising back up of it, in a more perfected state of existence, is not only pervasive in religion. It is reflected for us everywhere! From the daily sacrifice of Sol to the darkness of night and his resurrection on the morrow, to the slow decline of the Sun's vibrance into a dark and cold winter before his eventual rise from this tomb. It is pervasive in mythology, modern literature, oracular tools as the Tarot and I-Ching (which are truly just external icons which reflect a formulaic system) even chess holds many of these elements (Manly P. Hall has a very interesting chapter on this, in The Secret Teaching of All Ages).

As each moment passes, it dies, not to return again to this life. Every day, we die. And every day, we wake again, reborn. If we be true Masons, we search for the Light each and every day, and we welcome it into our bosoms and allow the Light to work upon our hearts thus improving ourselves each day we live and die. Each morning, a new man wakes and greets the day - than woke the morning before, most particularly when we have let the Light work upon us. If a man loves the Light, he is a philosopher, as philosophy is the Philo (Love) of Soph/Sophia, or the Light. We as Masons, then, are men of Philosophy. In Phaedo, Socrates teaches that "The one aim of those who practice philosophy in the proper manner is to practice the art of dying and death." It *IS* the work of Masonry to transmute; to transmute ourselves from a rough ashler into that perfect ashler, to practice the art of dying and death, daily.

As we journey through this beautiful October and find reprieve from the depths of the summer heats, let us also give gratitude for the Light that has brought us these reminders and opportunities to transmute ourselves into better masons, to come into deeper understanding of the lessons of our Craft, and bring attention and intention to our dying and death that we might live a life full of Light and service to the Great Architect. May this month bring you bounteous blessings and enjoyment of your personal transmutation each day.

Fraternally,
Michael D. Valecourt. PM
Junior Warden

Scottsdale Chapter #43 OES News

We are looking forward to our Fall activities under the leadership of Sheila Kelley, Worthy Matron and Bob Beer, Worthy Patron.

We have 2 stated meetings — October 10 and October 24 at 7:30 pm. We meet on the 2nd and 4th Mondays.

Our Official Visit of our state officers will be on Friday, November 11 at 7 pm.

We look forward to joining you at the Masonic Picnic on Sunday, November 13.

We sold Root Beer Floats at the Shrine Corn Fest in August. In September, we held our Fashion Show and Luncheon. We held our September meeting with fellowship and a potluck dinner. We honored our new State Appointments.

Diana Hutchinson



Annual Lodge Picnic

SUNDAY NOVEMBER 13, 2020

ELDORADO PARK & COMMUNITY CENTER

2311 N. MILLER RD.

SCOTTSDALE, AZ 85257

STARTS AT: 10:00 AM

MEAL STARTS AT 12:00 PM

EVENT ENDS AT 3:00 PM

FREE FREE FREE FREE

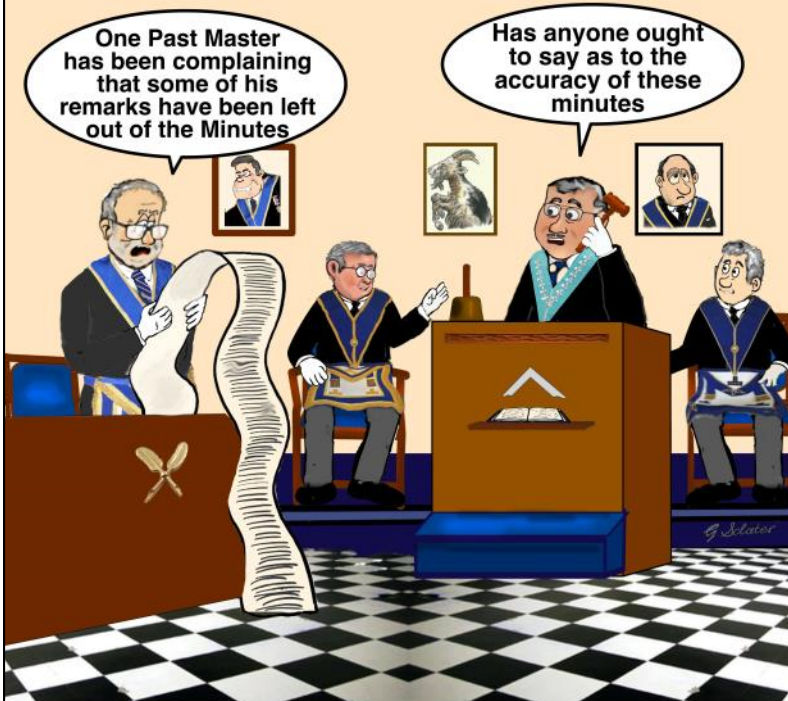
MEMBERS OF SCOTTSDALE LODGE AND THEIR

FAMILIES. INVITED GUESTS



During Stated Meetings we often see something like this happening :-)

The Minutes have been circulated



The Lodge of Health & Vigour host a BBQ.






If you did not pay your 2022 Lodge Dues, they are past due.

Please submit payment upon receipt of invoice by check to Secretary or Credit card via Zelle on lodge website

Dues are \$194 for 2022.

If paying by credit card, add \$6 so it's \$200.

***If you have a problem, call the Secretary**



THE PAST MASTER

PERHAPS YOU THINK YOUR WORK IS DONE,
A TASK COMPLETED, HONOURS WON;
STILL THERE IS MUCH MORE WORK TO DO,
 THE LODGE YOU RULED HAS NEED FOR YOU
MAKE NO MISTAKE, YOU'RE NEEDED NOW;
ASSIST SOME BROTHER, SHOW HIM HOW,
 SAGE COUNSEL GIVE AND GOOD ADVICE,
THE CABLE-TOW, EXTEND IT THRICE;
EACH ACT WITH KINDNESS AND OPEN HAND,
REAL "BROTHERHOOD" THEN WILL EXPAND.

Unknown



Brothers welcoming Brother Barry Goldwater Jr. as our newest Fellowcraft



WM Tim Scarpino congratulates Brother Barry Goldwater Jr. as a Fellowcraft



Bro. Bill Gesswein, Barry Goldwater Jr. , Gary Nelson and Rich Davis

SCOTTSDALE MASONIC LODGE #43



Brother Fred LaBell with his son Steven and others when he received his Scottish Rite Blue hat for being a member for 50 Years.



Lodge #43 Brothers at the AZ Masonic Golf Outing. WM Tim Scarpino, Brian Zemen, SW Shawn Hunter , Jonathan D'Emilio PM



MW Henry Wilson Receiving his 50 Year Apron



Brother Ira Bossard Receiving his 60 year Apron



Brother Alan Dye Receiving his 50 year Apron



SCOTTSDALE MASONIC LODGE #43

*October 2022 Masonic Anniversaries
Celebrating Another Year in the Light*

Marvin Alfred Bellefeuille	10/24/1974	Blake Tyler Davis	10/15/1998	Steven Brian Bonanno	10/15/2015
Edward Thomas Fridlund	10/30/1975	Carlos Rausch PM	10/25/1988	William Frank Wilkins	10/15/2015
Harvey Bennett Friedman	10/20/1964	Dennis Gerald Senst	10/25/2001	Timothy C. Scarpino WM	10/12/2016
Robert James Gray Jr	10/18/1956	Marc Charles Gross	10/12/2002	William Judson Duke III	10/9/2014
David Keith Griffiths	10/31/1963	Richard John Shields	10/24/2002	Steven Joseph Lueder	10/13/2016
John Frederick Herchet	10/25/1968	Prescott Raymond Smith	10/26/2006	Scott Allen Smith	10/31/2015
Walter Breck King	10/29/1981	William T Gesswein PM	10/27/1960	Eddie Boquilla	10/12/2017
Jesse Bishop Lee PM	10/28/1982	Jasper Sheridan Nichols Sr	10/26/2006	Christian Paul Burns	10/12/2017
Michael Wayne Lempke	10/30/1968	Joseph Carlyle Brown Jr	10/25/2007	Robert Gerald Beer	10/26/2013
Charles Joseph Sutton	10/11/1956	Brian Alexander Oliver	10/9/2008	Shawn Patrick Hunter	10/18/2018
Russell Wade Warren	10/27/1966	Peter Frederick Yauch	10/9/2014	Clynton Fabella Tupas II	10/11/2018
Michael Dennis Strauber	10/18/1990	Elliot Ben Rovinsky	10/29/2009	Rowan Jay Pickering	10/11/2018
Carl Bailey Warren	10/29/1992	Christopher Kermit Johnson	10/14/2010	Salvatore John Augone	10/18/2018
Loren Burrell Smith	10/12/1995	Chad Robert Wolahan	10/13/2011	Carl Albert Lueck	10/18/2018
Larry Ray Marshbanks	10/24/1996	Dennis G. Agapito Ira	10/11/2012	George Joseph Brookler	10/11/2018
Carl David Chadwick	10/3/1985	Christopher D. Gomez Titular	10/11/2012	Michael J Seltzer	10/18/2018
Christopher E. Mumfrey	10/30/1997	Kurt Alan Stancl	10/11/2012	Fred Robert Townsend	10/28/2021
David L Knox	10/18/1978	Jonathan Martin Beffel	10/10/2013		

Scottsdale #43 Masonic Lodge Building

SPECIAL EVENT? - WE WELCOME RENTALS

The Lodge building is suitable for a variety of occasions

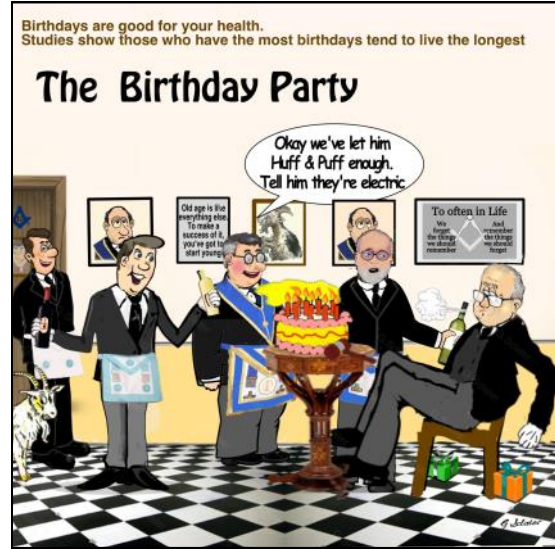
**Weddings, Dances, Bar or Bat Mitzvah Parties, Graduation Parties,
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**Kitchen Serving Facilities, Free Parking, Variable Effects Lighting,
2- 70" HD TVs and an Overhead Projector, Groups up to 100 people.**

Contact the Secretary for details on cost and availability.

Photos and bldg. diagram on the website: <http://scottsdalelodge43.com/>

Call (480) 946-1072 for details and prices



Brothers in 1790 as our country was beginning to take shape the members of Touro Synagogue in Newport, RI, wrote to our Brother George Washington with concerns about religious freedom in the new country. Below is how he responded to their concerns.

[Newport, R.I., 18 August 1790]

Gentlemen.

While I receive, with much satisfaction, your Address¹ replete with expressions of affection and esteem; I rejoice in the opportunity of assuring you, that I shall always retain a grateful remembrance of the cordial welcome I experienced in my visit to Newport,² from all classes of Citizens.

The reflection on the days of difficulty and danger which are past is rendered the more sweet, from a consciousness that they are succeeded by days of uncommon prosperity and security. If we have wisdom to make the best use of the advantages with which we are now favored, we cannot fail, under the just administration of a good Government, to become a great and a happy people.

The Citizens of the United States of America have a right to applaud themselves for having given to mankind examples of an enlarged and liberal policy: a policy worthy of imitation. All possess alike liberty of conscience and immunities of citizenship It is now no more that toleration is spoken of, as if it was by the indulgence of one class of people, that another enjoyed the exercise of their inherent natural rights. For happily the Government of the United States, which gives to bigotry no sanction, to persecution no assistance requires only that they who live under its protection should demean themselves as good citizens, in giving it on all occasions their effectual support.

It would be inconsistent with the frankness of my character not to avow that I am pleased with your favorable opinion of my Administration, and fervent wishes for my felicity. May the Children of the Stock of Abraham, who dwell in this land, continue to merit and enjoy the good will of the other Inhabitants; while every one shall sit in safety under his own vine and figtree, and there shall be none to make him afraid. May the father of all mercies scatter light and not darkness in our paths, and make us all in our several vocations useful here, and in his own due time and way everlastingly happy.

Go: Washington

SCOTTSDALE MASONIC LODGE #43

SCOTTSDALE LODGE MASONIC JEWELRY CASE

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Masonic Rings



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Terry Kelley, PM

Cell 480 510-7493

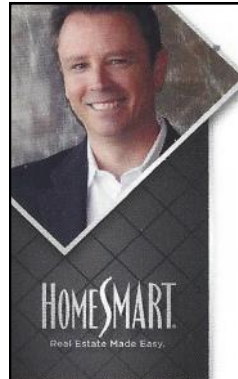
A Catalog is available in the Lodge Office



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LODGE OFFICE HOURS

Regular Office Hours for the Secretary:

Monday 5PM-7PM

Thursday 5PM-7PM

**Sunday 6:30-9AM,
10:45-12 Noon**

SCOTTSDALE MASONIC LODGE #43

2022 OFFICERS and CONTACT INFORMATION

Worshipful Master Tim Scarpino	(480) 544-6843	timothyscarpino@gmail.com
Senior Warden Shawn Hunter	(480) 486-9419	shawnphunter182@gmail.com
Junior Warden Michael Valecourt	(480) 800-7297	mnt.lodge@gmail.com
Treasurer Gary Nelson	(480) 215-0077	customartbygary@gmail.com
Secretary Thomas A. Burke	(203) 559-9504	tomalso@yahoo.com
Senior Deacon David Earney	(817) 567-5109	david.earney@gmail.com
Junior Deacon Mark Allen Gyger	(480) 415-3104	mark.a.gyger@gmail.com
Senior Steward. Ted Timothy Kennedy	(480) 215-0116	tedtkennedy@aol.com
Junior Steward Brian David Zeman	(480) 745-6152	bzeman@gmail.com
Marshal Bob Beer	(480) 361 1155	robertbeer33@comcast.net
Tyler John Favara	(480) 352-3700	favara.js@gmail.com
Chaplain Richard Nicholas Davis	(619) 598-4278	fraterachad2@gmail.com

2021 Scottsdale Lodge Committee Chairmen

Candidate Proficiency	Tim Scarpino	480- 544-6843
Chamber of Reflection	Steve Clarke	480-946-5390
Distressed MM WO	Pillar Officers	
Trestleboard Editor	Fred LaBell	480-717-7716
Friend to Friend	Ken Von Hopf	480-998-7018
Finance Committee	Russell Sayre PM	480-998-7018
Fund Raising	Stan Sparrow	602-317-4071
Celestial Journey Team	David Earney	817-567 5109
Investigations	Tim Scarpino	480-544-6843
Jewelry Case	Hue-Shane Anthony Revers	
Library	Ritchie Yorsten	480-694-0075
Photographer	Allen Nichols	602-617-4504
Brother's Outreach	George Brookler	480-510-2214
Masonic Education	David Earney	480-283-5411
Bikes for Books	Wil Wilkins	602-500-4474

**** Fall Calendar of Events ****

October and beyond can be found on the Lodge website: www.scottsdalelodge43.com

WATCH for the current events in the weekly updates from the WM and Secretary, via Email.

There is also the Tuesday Morning Coffee and Donuts social gathering.

CALL IF YOU NEED A RIDE TO LODGE

The Brother's Outreach Team has raises funds for our brothers who don't drive after dark or don't drive at all so they can come to Lodge to enjoy the fellowship. ***If you would like to attend Lodge***, contact the secretary Tom Burke @ 203-559-9504 to arrange for a ride to and from at no cost to you (Valley area only).

If you would like to support this worthy cause, please send a check to Scottsdale Lodge 43, POB 486 Scottsdale, AZ 85252. On the check write "Transportation Fund" or use credit card by calling the Secretary at 480-946-1072.

2022 LODGE TRUSTEES

Scott Herbert Tracy	Term Expires: 2025
Jonathan Edward D'Emilio	Term Expires: 2025
Eric Marble	Term Expires: 2024
Stan Sparrow	Term Expires: 2024
Brandon Valentine	Term Expires: 2023
Wil Wilkins	Term Expires: 2023

MEETING LOCATION

Scottsdale Masonic Lodge #43
2531 N. Scottsdale Rd., Scottsdale, AZ.

Stated Meeting: The first Thursday of each month at 7:00pm, except July and August.

Dinner at 6:00pm.

For further information call (480) 946-1072 or visit www.scottsdalelodge43.com.